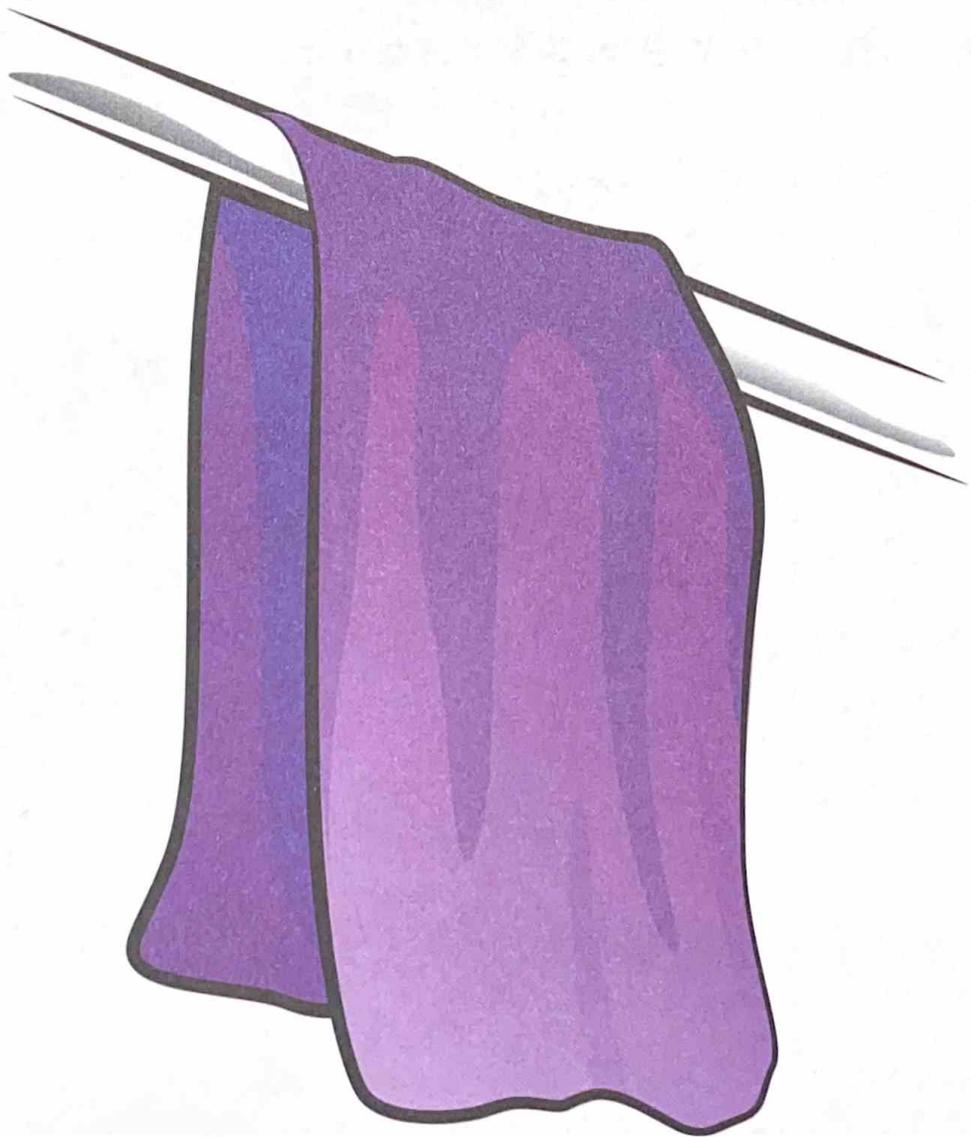
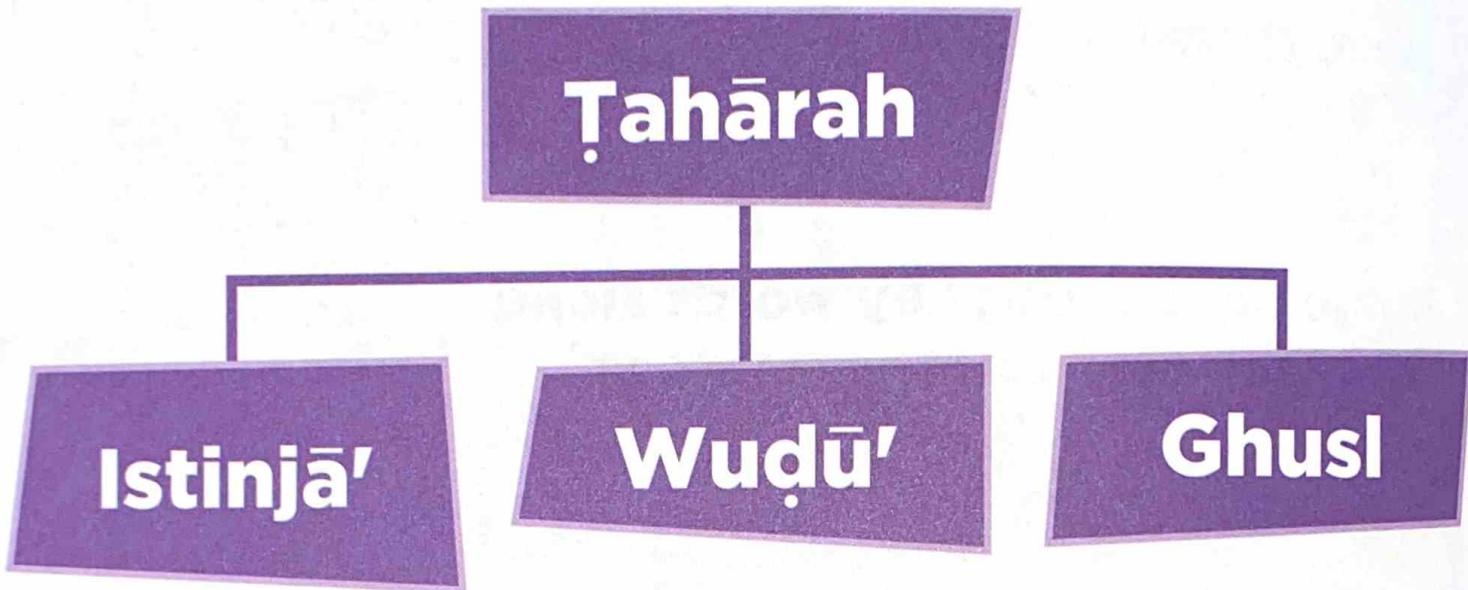


# Keeping Clean

There are three different times when we use water to clean and purify ourselves. In other words, there are three times when we use water to gain ṭahārah:



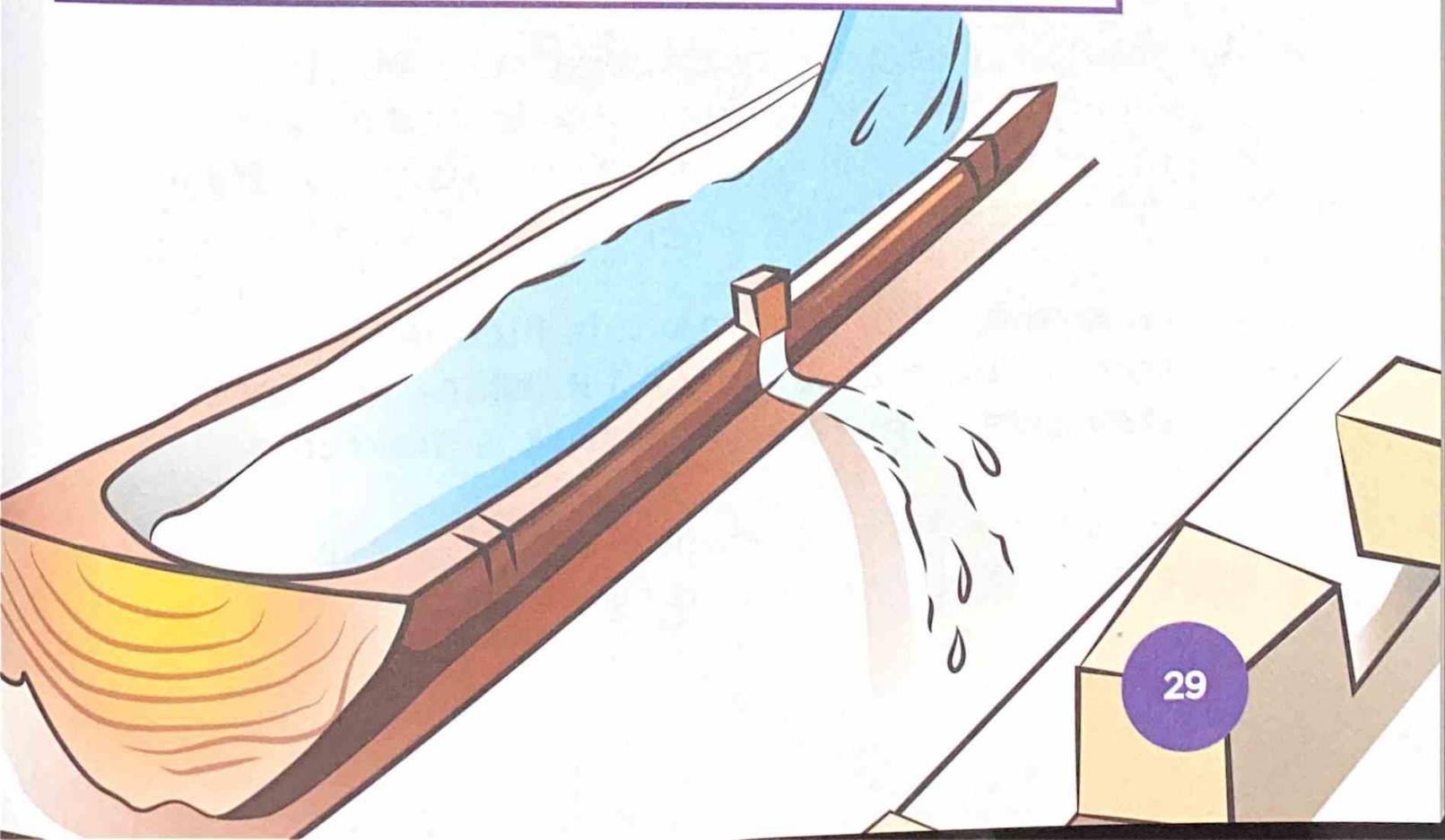
# Wuḍū'

Whenever a person wants to meet someone special, they make sure that they get ready properly. When we pray our ṣalāh, we are going to speak to Allāh **سبحانه وتعالى**, the King of all kings. Wuḍū' is preparing us for ṣalāh by cleaning our body. Also by doing wuḍū', sins that we might have done are washed away!

Ṣalāh cannot be performed without wuḍū'.

The Qur'ān cannot be touched without wuḍū', although it is permissible to recite from memory without wuḍū'.

Wuḍū' is a type of worship which includes washing certain parts of the body.



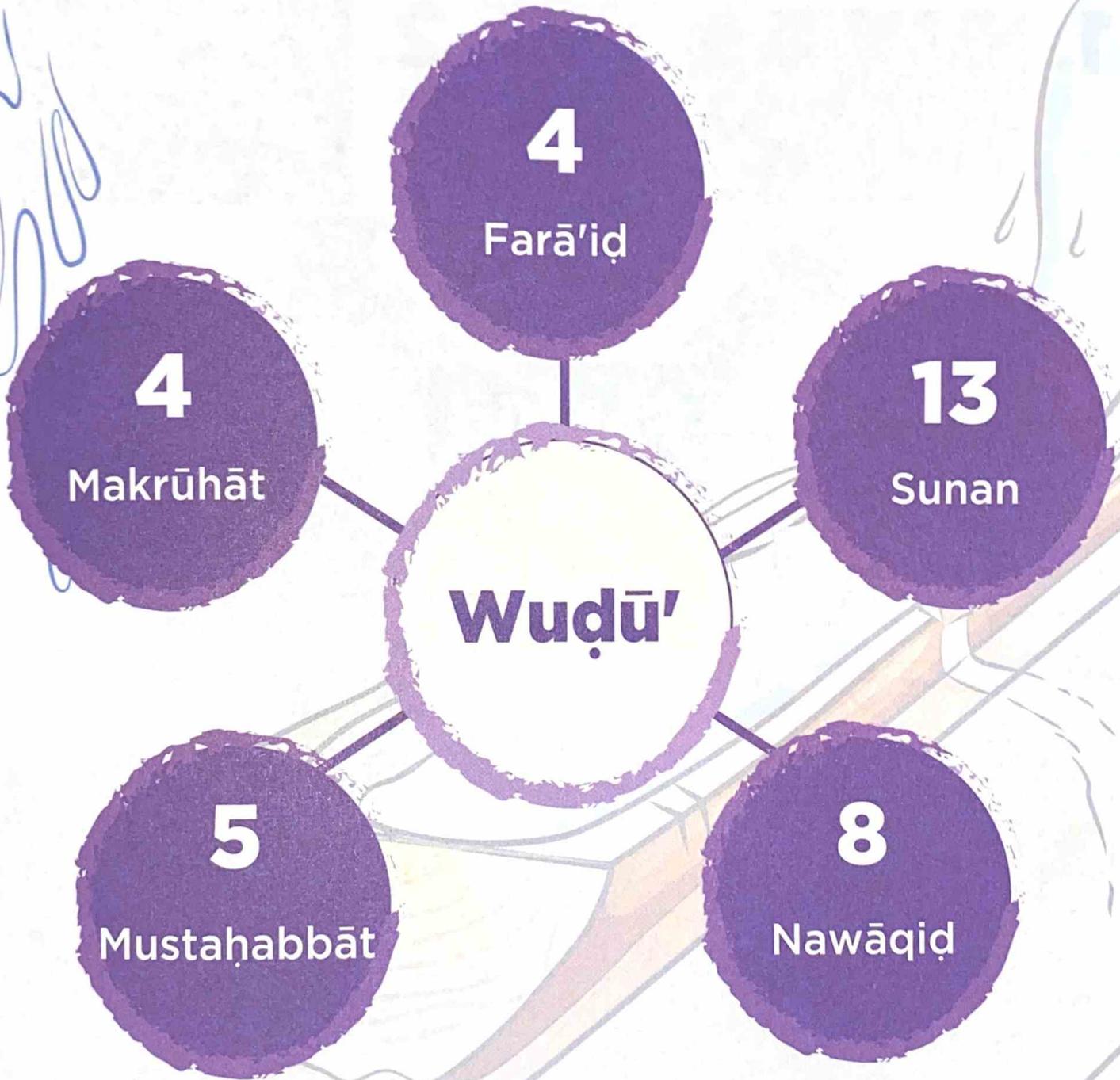
# Keywords

Actions in Islām are placed in different groups. Some are farḍ, some are sunnah whilst others are mustaḥabb. There are also some which are makrūh and others which are nāqiḍ.

So what do these words mean?

1. **Farā'id:** Plural of farḍ. Farḍ is something that you have to do. By leaving a farḍ action out, the act remains incomplete.
2. **Sunan:** Plural of sunnah. Sunnah is an act which Rasūlullāh صلى الله عليه وسلم practised and carried out. By following the sunnah, we will get a lot of reward. In fiqh, it is a stage after farḍ and wājib. If a person misses a sunnah out, the action will still be done but the reward will be less.
3. **Mustaḥabbāt:** Plural of mustaḥab. Mustaḥab is an act that is good for us to do and is beloved in Islām. We will get extra reward for doing mustaḥab actions.
4. **Makrūhāt:** Plural of makrūh. Makrūh is something that is disliked in Islām. We should stay away from anything that is makrūh.
5. **Nawāqiḍ:** Plural of nāqiḍ. Nawāqiḍ are those actions that break other actions.

# How many of each in wuḍū'?



# Farā'id of Wuḍū'

There are four things you have to do in wuḍū'; they are known as **farā'id**.

1.

Wash the face once.

2.

Wash both the arms including the elbows once.

**Farā'id  
of  
wuḍū'**

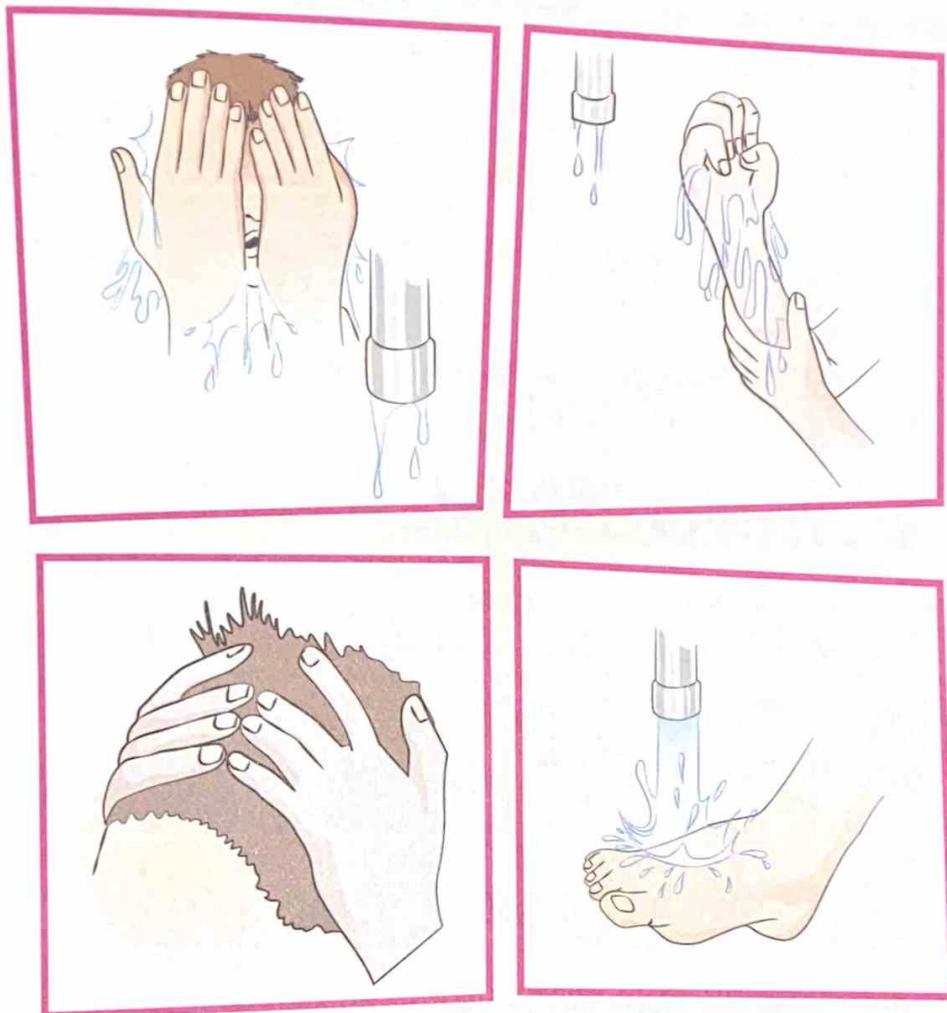
3.

Do masah of a quarter of the head once.

4.

Wash both feet including the ankles once.

# Farā'iq of Wuḍū'



If you only do the four farā'iq, your wuḍū' will be counted but you will not get the full reward.

Remember to do the sunan and mustahabbāt too to get the full reward. If you are in a hurry or there is too little water, then you can do the four farā'iq and leave some sunan and mustahabbāt out.

# Sunan of Wuḍū'

1. Make niyyah (intention).
2. Say 'Bismillāh' (In the name of Allāh).
3. Wash both hands three times.
4. Brush the teeth with a miswāk.
5. Rinse the mouth three times.
6. Put water into the nostrils three times.
7. For men, khilāl of the beard (passing wet hands through the beard).
8. Make khilāl of the fingers and toes.
9. Wash each part three times.
10. Do masaḥ of the whole head once.
11. Do masaḥ of both the ears once.
12. Wash each part in order.
13. Wash each part before the other parts dry.

# Nawāqid of Wuḍū'

Wuḍū' will break if a person does any of the following eight things which are called the **nawāqid of wuḍū'**.

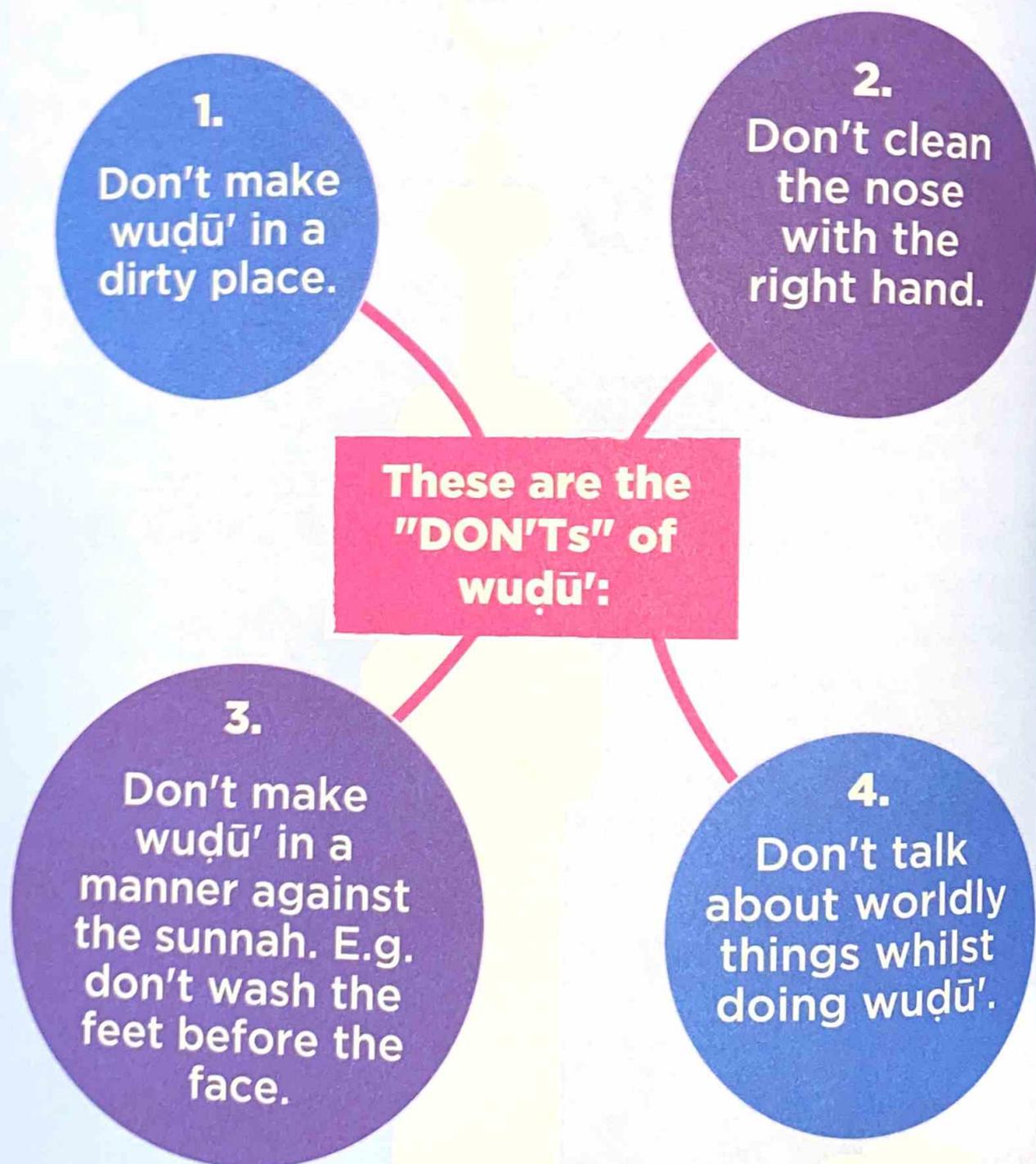
Before touching the Qur'ān or performing ṣalāh, you must do wuḍū' again if you:

1. Pass urine or stool.
2. Pass wind.
3. Vomit a mouthful.
4. Fall asleep whilst leaning on something.
5. Faint.
6. Become insane.
7. Laugh loudly in ṣalāh.
8. Bleed and it flows or pus flows from any part of your body.

# Makrūhāt of Wuḍū'



By doing any of the makrūhāt, the wuḍū' will be disliked and its full blessings will be lost.



# Mustahabbāt of Wuḍū'

By doing the mustahabbāt, you will get more reward.

These are the "DO's" of wuḍū':

1.

Do begin with the right hand.

2.

Do make masaḥ of the nape.

3.

Do face the Qiblah.

4.

Do sit on a high, clean place.

5. It is good for a person to do wuḍū' without taking any help from other people.

# Tayammum

For wuḍū' and ghusl, you need to have water, however at times water may not be available or may not be able to use water due to illness.

You may be in a desert or in a place without any water! How can you touch the Qur'ān and perform ṣalāh then?

Allāh سبحانه و تعالی has taught us a way to become pure by using things other than water.

This special way of becoming pure is called **TAYAMMUM**.

# Tayammum

Tayammum is performed by striking your hands on soil or brick and then passing the hands over the face and arms.

**The three farā'id of tayammum are:**

Intention  
before doing  
tayammum.

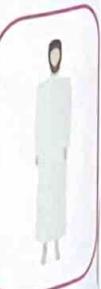
Strike both  
hands and then  
do masaḥ of the  
face.

Strike both  
hands and then  
do masaḥ of the  
arms including  
elbows.

# Ṣalāh

## Method of ṣalāh for boys

- 1) Lift both hands up to the ears with thumbs in line with the earlobes and say: اللَّهُ أَكْبَرُ
- 2) Place the right hand on top of the left below the navel whilst grasping the wrist with the thumb and small finger, placing the three remaining fingers closely together on the forearm.
- 3) Read Du'ā' al-Istiftāḥ (Thanā'), Ta'awwudh, Tasmiyah, Sūrah Fātiḥah and at least one long āyah or three short āyāt of the Qur'ān.
- 4) Go into rukū' saying اللَّهُ أَكْبَرُ. In rukū' the back and head should be kept in a straight line and the fingers spread grasping the knees.
- 5) Recite سُبْحَانَ رَبِّيَ الْعَظِيمِ at least three times.
- 6) Rise from rukū' saying سَمِعَ اللَّهُ لِمَنْ حَمِدَهُ followed by رَبَّنَا وَلَكَ الْحَمْدُ.



7) Go into sajdah saying **اللَّهُ أَكْبَرُ**. Place the knees first, followed by the hands then the nose and forehead. In sajdah the thighs and stomach should not touch. The fingers should be kept close together with the elbows raised from the ground and away from the sides.



8) Recite **سُبْحَانَ رَبِّيَ الْأَعْلَى** at least three times and saying **اللَّهُ أَكْبَرُ** sit in the sitting position with composure for a little while. Sit on the left foot with the right foot being upright with its toes facing the Qiblah.



9) Go into the second sajdah saying **اللَّهُ أَكْبَرُ** and recite the same tasbīḥ as the first sajdah.



- 10) Saying **اللَّهُ أَكْبَرُ** stand up for the second rak'ah by lifting the forehead, followed by the nose then the hands and finally the knees.
- 11) Perform the second rak'ah exactly as the first one without reciting Du'ā' al-Istiftāḥ or Ta'awwudh.

After the second sajdah of the second rak'ah, sit and recite tashahhud. When reaching **أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ** form a ring with the middle finger and the thumb. Lift the index finger, indicating to the oneness of Allāh **سُبْحَانَهُ وَتَعَالَى**. Drop the index finger when reaching **إِلَّا اللَّهُ**. The other fingers will be curled in line with the middle finger.



12) In the last rak'ah of every ṣalāh sit and recite tashahhud followed by Durūd Ibrāhīm and Du'ā'.



13) End the ṣalāh by saying **السَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللَّهِ** by turning the face towards the right shoulder and repeating it whilst turning towards the left shoulder. The head should turn to the extent that the cheek can be seen by the person behind.



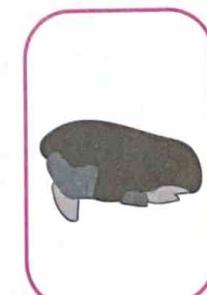
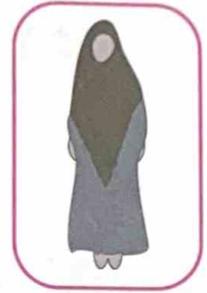
# Ṣalāh

## Method of ṣalāh for girls

- 1) Ensure the hair is fully covered.
- 2) Lift both hands up to the shoulders and say: اللَّهُ أَكْبَرُ
- 3) Place the right hand on top of the left on the chest with both palms facing towards the chest and the fingers being kept close together.
- 4) Read Du'ā' al-Istiftāḥ (Thanā'), Ta'awwudh, Tasmiyah, Sūrah Fātiḥah and at least one long āyah or three short āyāt of the Qur'ān.
- 5) Saying اللَّهُ أَكْبَرُ go into rukū'. In rukū' the back should be slightly bent in order to be able to touch the knees with the fingers being kept close together. (In rukū', sajdah and qa'dah the fingers will be kept close to each other.) The ankles should also be together. Recite سُبْحَانَ رَبِّيَ الْعَظِيمِ at least three times.



- 6) Saying **رَبَّنَا وَسِعَ اللَّهُ لِيْمَنَ حَيْدَاهُ** rise from rukū' followed by **رَبَّنَا وَتَكَرَّمْتَ**
- 7) Saying **اللَّهُ أَكْبَرُ** go into sajdah. Place the knees first followed by the hands and then the nose and forehead. In sajdah the body should be kept close together, with arms placed on the ground and the thighs and stomach should touch. Both the feet should face the right.
- 8) Recite **سُبْحَانَ رَبِّيَ الْأَعْلَى** three times and saying **اللَّهُ أَكْبَرُ** sit in the sitting position with composure for a little while. Sit on the floor with both feet facing towards the right, with the right thigh on the left thigh.
- 9) Go into the second sajdah saying **اللَّهُ أَكْبَرُ** and recite the same tasbīḥ as the first sajdah.

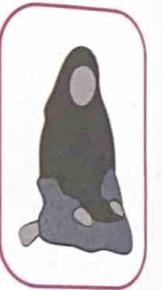


# Ṣalāh

10) Saying اللهُ أَكْبَرُ stand up for the second rak'ah by lifting the forehead, followed by the nose then the hands and finally the knees.



11) Perform the second rak'ah exactly as the first one without reciting Du'ā' al-Istiftāḥ or Ta'awwudh.

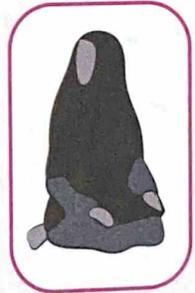


After the second sajdah of the second rak'ah, sit and recite tashahhud. When reaching اللهُ أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللهُ form a ring with the middle finger and the thumb. Lift the index finger, indicating to the oneness of Allāh **سُبْحَانَهُ وَتَعَالَى**. Drop the index finger when reaching اللهُ إِلَّا اللهُ. The other fingers will be curled in line with the middle finger.

12) In the last rak'ah of every ṣalāh sit with the fingers being kept close together and recite tashahhud followed by Durūd Ibrāhīm and Du'ā'. Sit on the floor with both feet facing towards the right, with the right thigh on the left thigh.



13) End the ṣalāh by saying **السَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللَّهِ** by turning the face towards the right shoulder and repeating it whilst turning towards the left shoulder.



# Aḥādīth

Singular: Ḥadīth

Plural: Aḥādīth

Ḥadīth is what our Beloved Messenger Muḥammad صلى الله عليه وسلم said, did or didn't say 'no' to when he saw it.

Aḥādīth

Rasūlullāh صلى الله عليه وسلم said:

قُلِ الْحَقُّ وَإِنْ كَانَ مُرًّا

"Speak the truth, even though it may be bitter."

Rasūlullāh صلى الله عليه وسلم said:

إِنَّ أَوْلَى النَّاسِ بِاللَّهِ مَنْ بَدَأَهُمْ بِالسَّلَامِ

"The closest of people to Allāh is the one who initiates saying salām to them."

Rasūlullāh صلى الله عليه وسلم said:

سَمِّ اللَّهَ وَكُلْ بِيَمِينِكَ

"Say 'Bismillāh' and eat with your right hand."

Rasūlullāh صلى الله عليه وسلم said:

لَا يَشْرَبَنَّ أَحَدٌ مِّنْكُمْ قَائِمًا

"None of you should drink whilst standing."

Rasūlullāh صلى الله عليه وسلم said:

أَحْسِنُ إِلَى جَارِكَ تَكُنْ مُؤْمِنًا

"Be kind to your neighbour and you will be a (complete) Mu'min."